

NAMI Finger Lakes Crisis/Support Information

Ithaca and Tompkins County Area Code 607

Medical/illness/fire/emergency: 911

Suicide Prevention & Crisis Service of Tompkins County: 272-1616

Hospital: Cayuga Medical Center: 274-4011 Web page: (<http://www.cayugamed.org>)
Behavioral Services Unit Desk 274-4304
Behavioral Services Unit Patient phone 274-4336 (answered only during visiting hours)

Police: *Ithaca Police:* Emergency Police Number: 24 hours/day: 272-3245
Critical Incidents Team: 272-9973 Press 2 for Dispatch: Describe the situation. Dispatch will decide if Critical Incidents Team is needed.
Mike Gray: 272-9973 ext. 2

Cayuga Heights Police: 257-1011 Will get voice mail if office is not open. If you need help, don't leave a message – press 1. Call will go to dispatch.

Tompkins County Sheriff (779 Warren Road) Administration: 257-1345
Sheriff's office: 272-2444
Crisis situations: 911

NY State Police (1850 Dryden Road, Freeville, NY 13068) 273-4671 or 347-4440
For emergencies ask for the Sergeant on Duty
Sergeant/Station Commander: Stephen Long (stephen.long@troopers.ny.gov)

Cornell University Public Safety
Emergency Dispatch - 255-1111
Administration - 255-7302

Ithaca College Campus Safety Emergency Dispatch - 274-3353

Mental Health Clinic (201 E. Green St.):

Administration: Interim Commissioner: John Bezirgianian: 274-6230
Medical Director: John Bezirgianian, M.D.
Dual Recovery Coordinator: Richard Shaw:274-6300
SPOE – Single point of entry: Richard Shaw:274-6300
Out Patient Clinic (Court-ordered intake) 3rd Floor: 274-6230
Outpatient Supervisor: Susan Spicer: 274-6230
Emergency Outreach Service: Joanne Conway: 274-6230
Forensics: Linda Riley: 274-6230
General Intake (Adults & Children) 4th Floor: 274-6200
Supervisor General Intake: Margrethe Bang-Termansen

NAMI-Finger Lakes: 273-2462 or Deb Grantham 277-5148 (namifl@lightlink.com)
<http://www.namifingerlakes.org>

NAMI-Finger Lakes Support Group:

Facilitators: Susan Larkin 539-7299 (scl8@cornell.edu), Jean Walters 582-6776,

NAMI - NY: 1-518-462-2000 or 1-800-950-3228: (<http://www.naminys.org>)

Family & Children's Service of Ithaca

127 West State Street 273-7494 (<http://www.fcsith.org>)

Mental Health Association of Tompkins County

Adult services coordinator: David Bulkley 273-9250 (<http://www.mhaedu.org>)
301 South Geneva Street, Suite 109, Ithaca, NY 14850

American Red Cross (Emergency Housing)

John Ward: Homeless Services Director
(607) 273-1900 Extension 27 (johnw@tompkins-redcross.org)
http://www.tompkins-redcross.org/homeless_shelter.html

Lakeview Mental Health Services: (Housing)

114 S Geneva Street, Ithaca 277-4768 (<http://www.lakeviewcommunitiesgroup.org/>)

NYS State Office of Mental Health:

(212) 831-7007 (<http://www.omh.state.ny.us>)

Tompkins Work Force New York

171 East State Street (Center Ithaca), Ithaca (<http://www.tompkinsworkforceny.org>)
Community Work Incentive Coordinator: Jason Harriot 793-8339 jasonh@aboutchallenge.org
Disability Resource Coordinator: Shammi Carr 272-7570 ext. 136 scarr@tompkins-co.org

Veteran Affairs

Steve Bieler: 387-6646